

Farington Outdoor Gym

Providing the Community with A Space to Exercise

Client: South Ribble Borough Council
Address: Stanifield Ln, Farington, Leyland, PR25 4QR
Budget: £15,000
Age Range: Adults

Project Story

Funded by Farington Parish Council and the Farington Community Fund, the gym comprises of six machines designed to get people active. Councillors were put through their paces as they opened a new outdoor gym in Farington Park.

Councillor Graham Walton, Vice-Chair of Farington Parish Council, said: "It's great to see this new outdoor gym in Farington Park. Councillor Smith and I were put through our paces trying the different equipment, and we hope that many residents will do the same. We urge everyone to come and have a go ... So much can be achieved when we work together for common goals and I thank everyone - Farington Parish Council, South Ribble Borough Council, and the South Ribble Partnership - for all their collaborative efforts."

Councillor Paul Wharton, Central My Neighbourhood Area Chair, said: "This is a fantastic project that will allow all members of the community to make full use of our fantastic park. I am delighted that this has now been completed in partnership between Farington Parish Council and South Ribble Borough Council."



After



I would happily recommend Proludic to anyone in the future, they could not have done anything more in helping us achieve our goals for this project. Mark was always on hand to help with any information and Proludic as a company have been exemplary.

- Mike Otter, Farington Parish Council





App Signage

Farington Park Outdoor Gym

Notice

- This fitness equipment is suitable for users aged 14 and above and over 1.4m in height.
- It is designed for one user at a time.
- Please keep your body and clothing free and clear of all moving parts.
- Please exercise with care and consult a doctor before using this equipment.
- Stop exercising if you feel unwell.
- All persons use these facilities at their own risk.
- To report any faults, damage or misuse please contact South Ribble Borough Council on 01772 625 625

Site address: Stanifield Lane, Leyland, Preston, Lancashire PR25 4QF

Funding for this outdoor gym has been provided by Farington Parish Council and the Farington Community Fund

Farington Parish Council working in Partnership with South Ribble Borough Council

SOUTH RIBBLE
Borough Council

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OUTDOOR GYM INDUCTIONS

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Celebration



Community



Proludic Sport App

The FREE app, called 'Proludic Sport', is available to download on both Android and Apple/iOS devices. It has been devised to simply and easily allow users to monitor and track their exercise on Proludic sports equipment. Earn rewards by exercising, compete with other users and communities across the country.

- Detailed descriptions of the equipment - Recommended workout routines - Pre-designed workout - Customisable workouts
- Apple health integration - Community and personal leader boards - Challenge your friends - 30+ unique exercises.

